



# 10 things you can do to prepare for returning back to school

**1 Practice Hand Hygiene.** Teach your child to sing their ABCs or have them count for at least 20 seconds ensuring they wash front, back, and in between their fingers.



**6 Update Immunizations.** Students must be current on immunizations on the first day of school. Contact your healthcare provider or the health department at 317-477-1125 to schedule an appointment if your child still needs vaccines.



**2 Practice Putting Mask On/Off.** Your child will be required to wear a mask on the bus and at certain times during the day. Teach them to not touch the inside of their mask when taking it off.



**7 Change Aerosolized Medication.** Nebulizers & inhalers without a chamber cannot be administered in school. Speak with your healthcare provider to obtain the proper equipment and to update the Asthma Action Plan.



**3 Practice 6 feet of Distance.** Measure the distance on the floor. Consider temporarily laying pieces of paper down for a visual.



**8 Purchase Reusable Water Bottle** to be brought to school. Water fountains will not be in service.



**4 Purchase a Thermometer.** Check your child's temperature every morning. If 99.6 or higher, they must stay home until fever free (without Tylenol/Motrin). If they develop a fever at school, they will be required to remain at home until certain criteria are met.



**9 Verify/Update Emergency Contacts in PowerSchool.** If your child presents with COVID-like symptoms, they will be placed in isolation and will need to be picked up immediately.



**5 Make/Purchase Extra Masks.** Consider making or buying multiple masks to give you proper time to wash them between use.



**10 Stay Informed.** Educate yourself from reliable sources such as the CDC, Indiana State Dept. of Health and GC Schools.

