

# SIMPLE – QUICK – NO COST – UNLIMITED USE

The Swift MD telemedicine option has been getting great reviews from individuals that have tried this service for their acute care situations.

How it works: Those covered by the G-CCCS plan are already registered with SwiftMD. There is no cost to you or those covered by the plan. NO CREDIT CARD or BANKING INFORMATION is ever needed. Simply call <u>877-999-7943</u> and arrange an appointment time with an actual DOCTOR.

When a patient calls SwiftMD they will take your information, symptoms and any necessary history needed and then **you decide on a time for the Doctor to call you back**. It may be within a few minutes or you can schedule around your availability. *Immediate call back times may vary based on the time of day but are generally less than 30 minutes*.

If a prescription is needed they will call it in to the pharmacy of your choice (it will help to have the pharmacy name and phone number ahead of time if you anticipate a prescription). Your pharmacy would process the same as any other prescription under the health plan – it is not covered by SwiftMD.

# A Great Option To Try When:

-You can't wait 2-3 days for an appointment
- Do not want to take time off from work for a minor ailment
- Need a quick second opinion after hours before using a clinic or an ER





www.LabCard.com 1.800.646.7788

Using a Quest Diagnostic Site for your lab work can potentially save you 60-85%. That can be real savings to you if you when covered by a High Deductible Health Plan. It is not uncommon for a test to cost \$12-\$25 at a Quest site and over \$100 at other facilities. It pays to compare!

**TIP**: If you need regular testing or have a non-urgent request for lab work. Let your doctor know you prefer to take the test to a Quest site because it is less expensive under your plan. They will generally provide you with a lab request you can take to any lab. The request will inform the lab technician of the specific test(s) to run and where to send the results. Results will be processed and sent directly to the requesting provider in a timely manner.

## Local Draw site Locations: (or go to www.questdiagnostics.com to find other locations near you)

Mid America Clinical Labs 740 W Green Meadows Dr Greenfield IN 46140-3097 (distance 0.9 miles)

Mid America Clinical Labs - 10122 E 10th St Suite 200 Indianapolis IN 46229-2663 (distance 11.6 miles)

Mid America Clinical Labs - 7910 E Washington Street Suite 120 Indianapolis IN 46219-0163 (distance 14 miles)

Mid America Clinical Labs - 8205 E 56th St Ste 110 Indianapolis IN 46216-1069 (distance 14.2 miles)

Mid America Clinical Labs - 2040 N Shadeland Ave Suite 120 Indianapolis IN 46219-1711 (distance 14.9 miles)



# Excellent Pricing on Radiology Services – Fixed Pricing!

Northwest Radiology is known for high quality affordable radiology services. When feasible you may want to consider NWR in non emergency situations!

Price below includes scan and radiologists interpretation

Service	Average Competitor	NWR Flat Rate	Average Savings
General X-Ray	\$550	\$50	90%
CT without contrast	\$1,200	\$400	66%
DEXA	\$350	\$125	64%
MRI without contrast	\$2,000	\$600	70%
PET/CT with FDG	\$9,200	\$2,000	78%
3D Tomo screen/Mammogram	\$600	\$375	38%
Ultrasound with doppler	\$1,500	\$400	73%

Go to the website for more pricing on additional services. Northwestradiology.com

#### 3 convenient locations

10603 N Meridian St, Indianapolis 8260 Naab Rd Ste 101, Indianapolis 12188-A N Meridian St, Ste 100 Carmel, IN

# **Wellness Program and Preventive Screenings**

All health plans have Routine Preventive Care covered at 100% based on your age and gender according to the federal preventive task force guidelines. It is very important to have your Routine Preventive Health Services performed every year. Routine Wellness Visits (asymptomatic) and screenings for any of the following are



also rewarded by your Wellness Program: Pap Smear, Mammogram, PSA Test, and Colon Cancer Screenings.

## Wellness Program Rewards – Reminder:

For those that received HRA debit cards with your rewards in January, please keep your debit card once you have used the funds. Any new amount you earn in 2018 will be applied to the same card next year.

# If you did not receive your card or disposed of it after the funds were used

If you wish to open a health savings bank account for 2019 Rewards.

**Contact: Ruthann Fisher in the Business Department**